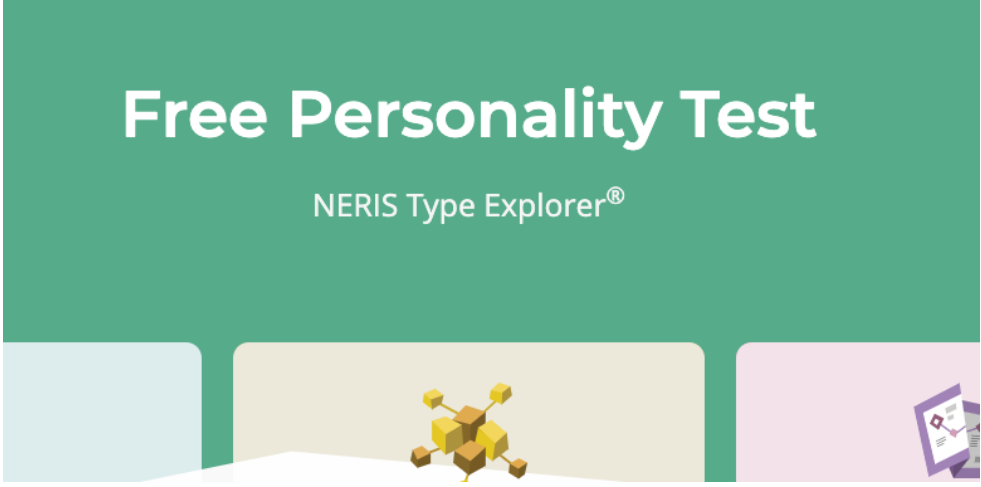


<b>Date: September 8, 2021</b>	<b>GHS Seminar</b>
<b>Grade Level: 10<sup>th</sup></b>	
<b>Recommended Sequence</b>	<b>Seminar Meeting</b>
<b>Objective(s) / Learning Target(s):</b>	1. Students will take a “personality test” and reflect on the results of their test. 2. Students will discuss
<b>Materials Needed:</b>	<b>Materials</b> 1. Overhead projector/screen (seminar leader) 2. Laptop computers (students)
<b>Suggested Process:</b>	1. Share any good news that you or students have 2. Take the 16 Personalities Test
<b>Discussion Questions:</b>	<p><b>Discussion:</b></p> <ol style="list-style-type: none"> <li>Before you start the activity, ask your students to share any pieces of good news they have (something good that’s happened to them since your last meeting – from school, personal lives, extra-curriculars, etc.). Not everyone has to share, but give kids a chance to do this. You can model this by sharing a piece of good news that you have.</li> <li>Open up a new tab in your browser and go to <a href="https://www.16personalities.com/free-personality-test">https://www.16personalities.com/free-personality-test</a>  (you could also copy and paste the link and send this to your students).</li> </ol> <p>You should come to a page that looks like this:</p>  <ol style="list-style-type: none"> <li>Scroll down to start the test:  * You are going to take a personality test (and I’ll give you fair warning, it’s going to ask you about where you’d place yourself on a scale by agreeing or disagreeing to a certain extent - pay attention and answer the questions thoughtfully).</li> <li>Once you have answered the questions, Click “See my results”</li> </ol>

### Discussion

- Take some time to look at your overall personality type
- What does this say about . . .
  - MIND: Are you more introverted or extroverted?
  - ENERGY: Are you more intuitive or observant?
  - NATURE: Do you spend more energy thinking or feeling?
  - TACTICS: Are you more judging or prospecting?
  - IDENTITY: Are you more assertive or turbulent?
- Click on “START READING” and read the Introduction and Strengths and Weaknesses . . .

*(Ask these questions to the whole group, invite students to share, but don't force people – most will want to talk about it, some may not and that's OK)*

- Does anything surprise you about it?
  - Did you feel like it was accurate? Why or why not?
  - What about it was accurate? What about it was not?
  - Were there any findings that you want to stay the same about yourself? Were there any findings that you want to change?
  - What do others need to know about you according to this?
- How does knowing these things about yourself help you as a student or on the job or working in group settings, etc.?