

Date: September 8, 2021	GHS Seminar
Grade Level: 12 th	Seminar Meeting
Recommended Sequence	
Objective(s) / Learning Target(s):	<ol style="list-style-type: none"> 1. Students will take a “personality test” and reflect on the results of their test. 2. Students will discuss
Materials Needed:	<p style="text-align: center;">Materials</p> <ol style="list-style-type: none"> 1. Overhead projector/screen (seminar leader) 2. Laptop computers (students)
Suggested Process:	<ol style="list-style-type: none"> 1. Share any good news that you or students have 2. Take the Institute of Character Personality Test
Discussion Questions:	<p>Discussion:</p> <ol style="list-style-type: none"> 1. Before you start the activity, ask your students to share any pieces of good news they have (something good that’s happened to them since your last meeting – from school, personal lives, extra-curriculars, etc.). Not everyone has to share, but give kids a chance to do this. You can model this by sharing a piece of good news that you have. 2. Open up a new tab in your browser and go to https://viacharacter.org/survey/surveys/questions/19813454?startingQuestionNumber=1 (you could also copy and paste the link and send this to your students). <p>You should come to a page that looks like this:</p> <ol style="list-style-type: none"> 3. Scroll down to start the test: * You are going to take a personality test (and I’ll give you fair warning, it’s going to ask you about where you’d place yourself on a scale by agreeing or disagreeing to a certain extent - pay attention and answer the questions thoughtfully). 4. Once you have answered the questions, Click “SAVE & CONTINUE” - You’ll be asked a few questions about your demographics. Don’t

worry, all of this information is confidential and once you are done, just click, "COMPLETE SURVEY" at the bottom.

Discussion

- Take some time to look at your overall test results
 - What are your top 5 strengths?
 - Click on the + to read about each of your strengths.
 - Then look at "Show All Your Strengths" to see your "Middle Strengths" and "Lesser Strengths"
 - Take some time to click the + on each to read about them

(Ask these questions to the whole group, invite students to share, but don't force people – most will want to talk about it, some may not and that's OK)

- Does anything surprise you about it?
 - Did you feel like it was accurate? Why or why not?
 - What about it was accurate? What about it was not?
 - Were there any findings that you want to stay the same about yourself? Were there any findings that you want to change?
 - What do others need to know about you according to this?
- How does knowing these things about yourself help you as a student or on the job or working in group settings, etc.?
 - Do you think you could find another "personality test" online and find completely opposite results or do you think they would be the same?