

DECEMBER 2017 HIGH SCHOOL LUNCH MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| COME JOIN US!! WE SERVE BREAKFAST FROM 7:45 AM TO 8:20 AM | WE ARE HIRING PART-TIME COOKS AND SUB COOKS. PLEASE VISIT WWW.GRINNELL-K12.ORG FOR MORE INFORMATION OR STOP BY THE DISTRICT OFFICE | | | 1 Shrimp Poppers with String Cheese OR Salisbury Steak w/Gravy and Dinner Roll Mashed Potatoes Fresh Broccoli Pineapple and Bananas Milk |
| 4 Beef Soft Shell Tacos w/Shredded Cheese OR Chicken, Cheese and Ranch Flatbread Shredded Lettuce, and Tomato, Refried Beans Mandarin Oranges Chocolate Chip Cookie Milk | 5 Mandarin Orange Chicken OR Grilled Italian Chicken Seasoned Brown Rice Steamed Broccoli Celery Sticks w/Ranch Diced Pears Milk | 6 Spaghetti w/Meat Balls OR Tiger Cheese Bread w/ Italian Dipping Sauce Green Beans Tossed Salad with Romaine Orange Wedges Milk | 7 Mini Corn Dogs OR Stuffed Crust Pepperoni Pizza Steamed Peas Baby Carrots Apple Slices w/Cinnamon Milk | 8 Cheeseburger OR Philly Cheese Steak Sandwich Tiger Tots Fresh Broccoli Kiwi Milk |
| 11 Popcorn Chicken w/ Bread Slice w/Margarine OR Stuffed Crust Cheese Pizza Mashed Potatoes Spinach Salad Tropical Fruit Milk | 12 Crispitoes w/Seasoned Brown Rice OR Steamed Broccoli Cucumber Slices Applesauce Milk | 13 Walking Taco OR Chicken Fajita on a Soft Shell Spanish Rice Lettuce, Tomato, and Cheese Black Beans Orange Wedges Milk | 14 French Toast Sticks Cheesy Omelet OR Lasagna Roll-Up w/ Bread Stick Tri Tator Grape Tomatoes w/Ranch Chilled Peaches Milk | 15 Baked Potato Bar w/ Dinner Roll OR Meatball Sub Sweet Potato Waffle Fries Celery Sticks Fresh Strawberries Milk |
| 18 Pepperoni French Bread Pizza w/ Marinara Sauce OR Mr. Rib Sandwich Steamed Carrots Cucumber Apple Milk | 19 Crispy Chicken Fries w/ Bread Slice OR Cheese Quesadilla Pizza Green Beans Tossed Romaine Salad Pineapple Milk | 20 Macaroni and Cheese w/WG Muffin OR Mozzarella Sticks w/ Marinara Sauce Steamed Broccoli Baby Carrots w/Ranch Strawberry Kiwi Slushie Milk | 21 Breaded Chicken Patty on a Bun OR Fajita Chicken Pasta w/ Bread Stick Baked Beans Red and Green Pepper Strips Mandarin Orange Marshmallow Cup Milk | 22 Pizza Crunchers (Pizza Sticks) OR Breaded Fish Sandwich Tossed Romaine Salad Fresh Cauliflower Fresh Melon Milk |
| 25 NO SCHOOL WINTER BREAK | 26 NO SCHOOL WINTER BREAK | 27 NO SCHOOL WINTER BREAK | 28 NO SCHOOL WINTER BREAK | 29 NO SCHOOL WINTER BREAK |

USDA is an equal opportunity provider and employer. MENUS ARE SUBJECT TO CHANGE. Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal. **FRUIT AND VEGETABLE BAR AVAILABLE WITH MEALS

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WEEKLY ALTERNATING MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| Cheese Pizza | Bacon Cheeseburger | Chicken Patty Sandwich or Spicy Chicken Sandwich | Sub Sandwich Bar | Breaded Cheese Sticks with Marinara Sauce |
| Yogurt Parfait | Yogurt Parfait | Yogurt Parfait | Yogurt Parfait | Yogurt Parfait |
| TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots) | TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots) | TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots) | TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots) | TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots) |
| Ham and Cheese Deli Sandwich | Ham and Cheese Deli Sandwich | Ham and Cheese Deli Sandwich | Ham and Cheese Deli Sandwich | Ham and Cheese Deli Sandwich |
| Turkey and Cheese Deli Sandwich | Turkey and Cheese Deli Sandwich | Turkey and Cheese Deli Sandwich | Turkey and Cheese Deli Sandwich | Turkey and Cheese Deli Sandwich |

**WEEKLY MENU ITEMS CAN BE MADE INTO A REIMBURSABLE. THE FRUIT AND VEGETABLE ITEM ON THE MONTHLY MENU WILL BE OFFERED.
Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal.**