

## FEBRUARY 2018 HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Breaded Chicken Patty on a Bun OR Fajita Chicken Pasta w/ Bread Stick Baked Beans Red and Green Pepper Strips Mandarin Orange Marshmallow Cup Milk	<b>NO SCHOOL</b>
5	6	7	8	9
<b>NO SCHOOL</b> <b>PROFESSIONAL DEVELOPMENT</b>	Cherry Blossom Chicken (Chinese) w/ Brown Rice OR Chicken and Cheese Quesadilla Pizza Celery Sticks w/ Ranch Fresh Broccoli Orange Wedges Milk	Shredded Turkey w/Gravy Over Mashed Potatoes and Whole Grain Roll OR Pizza Burger Tossed Salad with Romaine Strawberries and Bananas Milk	Beef and Cheese Nachos w/Corn Tortilla Chips OR Hot Ham and Cheese Lettuce and Tomato Black Beans Grapes Milk	Cheesy Omelet and Pancakes OR Pork Patty on a Bun Potato Rounds Fresh Broccoli and Cucumbers w/Ranch Orange Juice Milk
12	13	14	15	16
Personal Cheese Pizza OR Loaded Mashed Potato Bowl w/ Roll Tossed Romaine Salad Green Beans Pineapple Milk	Crispitoes w/Seasoned Brown Rice Steamed Corn Fresh Cauliflower Clementine Milk	Chicken Strips w/Dinner Roll OR Fiesta Personal Pizza Baked Beans Spinach Salad Peaches Milk	Biscuit and Sausage Gravy w/ Sausage Patty OR Cheesy Chicken Enchiladas w/Spanish Rice Baby Carrots Red and Green Pepper Strips Apple Milk	Shrimp Poppers with String Cheese OR Salisbury Steak w/Gravy and Dinner Roll Mashed Potatoes Fresh Broccoli Pineapple and Bananas Milk
19	20	21	22	23
<b>NO SCHOOL</b> <b>PRESIDENT'S DAY</b>	Mandarin Orange Chicken OR Grilled Italian Chicken Seasoned Brown Rice Steamed Broccoli Celery Sticks w/Ranch Diced Pears Milk	Spaghetti w/Meat Balls OR Tiger Cheese Bread w/ Italian Dipping Sauce Green Beans Tossed Salad with Romaine Orange Wedges Milk	Mini Corn Dogs OR Stuffed Crust Pepperoni Pizza Steamed Peas Baby Carrots Apple Slices w/Cinnamon Milk	Cheeseburger OR Philly Cheese Steak Sandwich Tiger Tots Fresh Broccoli Kiwi Milk
26	27	28	1	2
Popcorn Chicken w/ Bread Slice w/Margarine OR Stuffed Crust Cheese Pizza Mashed Potatoes Spinach Salad Tropical Fruit Milk	Crispitoes w/Seasoned Brown Rice OR Steamed Broccoli Cucumber Slices Applesauce Milk	Walking Taco OR Chicken Fajita on a Soft Shell Spanish Rice Lettuce, Tomato, and Cheese Black Beans Orange Wedges Milk	French Toast Sticks Cheesy Omelet OR Lasagna Roll-Up w/ Bread Stick Tri Tator Grape Tomatoes w/Ranch Chilled Peaches Milk	Baked Potato Bar w/ Dinner Roll OR Meatball Sub Sweet Potato Waffle Fries Celery Sticks Fresh Strawberries Milk

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENUS ARE SUBJECT TO CHANGE. Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal. \*\*FRUIT AND VEGETABLE BAR AVAILABLE WITH MEALS**

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## WEEKLY ALTERNATING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza	Bacon Cheeseburger	Chicken Patty Sandwich or Spicy Chicken Sandwich	Sub Sandwich Bar	Breaded Cheese Sticks with Marinara Sauce
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>	<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>	<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>	<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>	<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>
Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich
Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich

**WEEKLY MENU ITEMS CAN BE MADE INTO A REIMBURSABLE. THE FRUIT AND VEGETABLE ITEM ON THE MONTHLY MENU WILL BE OFFERED.  
Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal.**