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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | **1**  **NO SCHOOL**  **WINTER BREAK** | **2**  Mandarin Orange Chicken  OR  Grilled Italian Chicken  Seasoned Brown Rice  Steamed Broccoli  Celery Sticks w/Ranch  Diced Pears  Milk | **3**  French Toast Sticks  Cheesy Omelet OR  Lasagna Roll-Up w/ Bread Stick  Tri Tator  Grape Tomatoes w/Ranch  Fresh Strawberries  Milk | **4**  Two Mozzarella Stuffed Bread Sticks w/ Marinara Sauce  Spicy Chicken on Bun  Steamed Peas  Baby Carrots  Apple Slices w/Cinnamon  Milk |
| **7**  **NO SCHOOL**  **PROFESSIONAL DEVELOPMENT DAY** | **8**  Crispy Chicken Fries w/ Bread Slice  OR  Cheese Quesadilla Pizza  Green Beans  Tossed Romaine Salad  Pineapple  Milk | **9**  Walking Taco OR  Chicken Fajita on a Soft Shell  Lettuce, Tomato, and Cheese  Black Beans  Orange Wedges  Milk | **10**  Baked Potato Bar w/ Dinner Roll  OR  Meatball Sub  Baby Carrots  Celery Sticks  Kiwi  Milk | **11**  Mini Corn Dogs  OR  Enchiladas w/Spanish Rice  Tiger Tots  Fresh Broccoli  Chilled Peaches  Milk |
| **14**  Popcorn Chicken w/ Bread Slice w/Margarine  OR  Stuffed Crust Cheese Pizza  Mashed Potatoes  Spinach Salad  Tropical Fruit  Milk | **15**  Crispitoes w/Seasoned Brown Rice OR  Steamed Corn  Cucumber Slices  Applesauce  Milk | **16**  Macaroni and Cheese  OR  Mr. Rib Sandwich  Steamed Broccoli  Baby Carrots w/Ranch  Strawberry Kiwi Slushie  Milk | **17**  Breaded Chicken Patty on a Bun OR  Spicy Chicken Sandwich  Baked Beans  Red and Green Pepper Strips  Fresh Melon  Milk | **18**  Pizza Crunchers (Pizza Sticks)  OR  Breaded Fish Sandwich  Tossed Romaine Salad  Fresh Cauliflower  Mandarin Orange Marshmallow Cup  Milk |
| **21**  **NO SCHOOL**  **MARTIN LUTHER KING JR. DAY** | **22**  Chicken Nuggets OR  Country Fried Steak (Pork)  Bread Slice w/ Margarine  Mashed Potatoes  Baby Carrots  Applesauce  Milk | **23**  Shredded Turkey w/Gravy Over Mashed Potatoes and Whole Grain Roll OR  Pizza Burger  Tossed Salad with Romaine  Strawberries and Bananas  Milk | **24**  Beef and Cheese Nachos w/Corn Tortilla Chips OR  Hot Ham and Cheese  Lettuce and Tomato  Black Beans  Grapes  Milk | **25**  Cheesy Omelet and Pancakes OR  Pork Patty on a Bun  Potato Rounds  Fresh Broccoli and Cucumbers w/Ranch  Orange Juice  Milk |
| **28**  Personal Cheese Pizza  OR  Loaded Mashed Potato Bowl w/ Roll  Tossed Romaine Salad  Green Beans  Fruit Cocktail  Milk | **29**  Cheeseburger OR  Breaded Mozzarella Sticks w/Marinara Sauce  Sweet Potato Fries  Fresh Cauliflower  Orange  Milk | **30**  Chicken Strips w/Dinner Roll OR  Fiesta Personal Pizza  Baked Beans  Spinach Salad  Peaches  Milk | **31**  Biscuit and Sausage Gravy  OR  Stuffed Crust Pepperoni Pizza  Baby Carrots  Red and Green Pepper Strips  Pineapple and Bananas  Milk | **1**  Shrimp Poppers with String Cheese OR  Hot Beef Sundae and Dinner Roll  Mashed Potatoes  Fresh Broccoli  Apple  Milk |

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENUS ARE SUBJECT TO CHANGE. Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal. \*\*FRUIT AND VEGETABLE BAR AVAILABLE WITH MEALS**

**WEEKLY ALTERNATING MENU**

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| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Cheese Pizza  **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)**  Ham and Cheese Deli Sandwich  Turkey and Cheese Deli Sandwich | Bacon Cheeseburger  **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)**  Ham and Cheese Deli Sandwich  Turkey and Cheese Deli Sandwich | Pepperoni Pizza  **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, and Baby Carrots)**  Ham and Cheese Deli Sandwich  Turkey and Cheese Deli Sandwich | Chicken Patty Sandwich  **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)**  Ham and Cheese Deli Sandwich  Turkey and Cheese Deli Sandwich | Cheese Pizza  **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)**  Ham and Cheese Deli Sandwich  Turkey and Cheese Deli Sandwich |

**WEEKLY MENU ITEMS CAN BE MADE INTO A REIMBURSABLE. THE FRUIT AND VEGETABLE ITEM ON THE MONTHLY MENU WILL BE OFFERED.**

**Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal.**