

## MARCH 2018 HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			French Toast Sticks Cheesy Omelet OR Lasagna Roll-Up w/ Bread Stick Tri Tator Grape Tomatoes w/Ranch Chilled Peaches Milk	Baked Potato Bar w/ Dinner Roll OR Meatball Sub Sweet Potato Waffle Fries Celery Sticks Fresh Strawberries Milk
5	6	7	8	9
<b>NO SCHOOL</b>  <b>PROFESSIONAL DEVELOPMENT</b>	Crispy Chicken Fries w/ Bread Slice OR Cheese Quesadilla Pizza Green Beans Tossed Romaine Salad Pineapple Milk	Macaroni and Cheese w/WG Muffin OR Mozzarella Sticks w/ Marinara Sauce Steamed Broccoli Baby Carrots w/Ranch Strawberry Kiwi Slushie Milk	Breaded Chicken Patty on a Bun OR Fajita Chicken Pasta w/ Bread Stick Baked Beans Red and Green Pepper Strips Mandarin Orange Marshmallow Cup Milk	Pizza Crunchers (Pizza Sticks) OR Breaded Fish Sandwich Tossed Romaine Salad Fresh Cauliflower Fresh Melon Milk
12	13	14	15	16
Chicken Nuggets OR Country Fried Steak (Pork) Bread Slice w/ Margarine Steamed Corn Baby Carrots w/Ranch Applesauce Milk	Cherry Blossom Chicken (Chinese) w/ Brown Rice OR Chicken and Cheese Quesadilla Pizza Celery Sticks w/ Ranch Fresh Broccoli Orange Wedges Milk	Shredded Turkey w/Gravy Over Mashed Potatoes and Whole Grain Roll OR Pizza Burger Tossed Salad with Romaine Strawberries and Bananas Milk	Beef and Cheese Nachos w/Corn Tortilla Chips OR Hot Ham and Cheese Lettuce and Tomato Black Beans Grapes Milk	Cheesy Omelet and Pancakes OR Pork Patty on a Bun Potato Rounds Fresh Broccoli and Cucumbers w/Ranch Orange Juice Milk
19	20	21	22	23
Personal Cheese Pizza OR Loaded Mashed Potato Bowl w/ Roll Tossed Romaine Salad Green Beans Fruit Cocktail Milk	Crispitoes w/Seasoned Brown Rice Steamed Corn Fresh Cauliflower Clementine Milk	Chicken Strips w/Dinner Roll OR Fiesta Personal Pizza Baked Beans Spinach Salad Peaches Milk	Biscuit and Sausage Gravy w/ Sausage Patty OR Cheesy Chicken Enchiladas w/Spanish Rice Baby Carrots Red and Green Pepper Strips Apple Milk	Shrimp Poppers with String Cheese OR Salisbury Steak w/Gravy and Dinner Roll Mashed Potatoes Fresh Broccoli Pineapple and Bananas Milk
26	27	28	29	30
<b>NO SCHOOL</b>  <b>SPRING BREAK</b>	<b>NO SCHOOL</b>  <b>SPRING BREAK</b>	<b>NO SCHOOL</b>  <b>SPRING BREAK</b>	<b>NO SCHOOL</b>  <b>SPRING BREAK</b>	<b>NO SCHOOL</b>  <b>SPRING BREAK</b>

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. MENUS ARE SUBJECT TO CHANGE. Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal. \*\*FRUIT AND VEGETABLE BAR AVAILABLE WITH MEALS**

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## WEEKLY ALTERNATING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza	Bacon Cheeseburger	Chicken Patty Sandwich or Spicy Chicken Sandwich	Sub Sandwich Bar	Breaded Cheese Sticks with Marinara Sauce
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>	<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>	<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>	<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>	<b>TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)</b>
Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich
Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich

**WEEKLY MENU ITEMS CAN BE MADE INTO A REIMBURSABLE. THE FRUIT AND VEGETABLE ITEM ON THE MONTHLY MENU WILL BE OFFERED.  
Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal.**