

MARCH 2018 MIDDLE SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			French Toast Sticks Cheesy Omelet OR Lasagna Roll-Up w/ Bread Stick Tri Tator Grape Tomatoes w/Ranch Chilled Peaches Milk	Baked Potato Bar w/ Dinner Roll OR Meatball Sub Sweet Potato Waffle Fries Celery Sticks Fresh Strawberries Milk
5	6	7	8	9
NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	Crispy Chicken Fries w/ Bread Slice OR Sub Sandwich Bar Green Beans Tossed Romaine Salad Pineapple Milk	Macaroni and Cheese OR Mr. Rib Sandwich Steamed Broccoli Baby Carrots w/Ranch Strawberry Kiwi Slushie Milk	Breaded Chicken Patty on a Bun OR Fajita Chicken Pasta w/ Bread Stick Baked Beans Red and Green Pepper Strips Mandarin Orange Marshmallow Cup Milk	Pizza Crunchers (Pizza Sticks) OR Breaded Fish Sandwich Tossed Romaine Salad Fresh Cauliflower Fresh Melon Milk
12	13	14	15	16
Chicken Nuggets OR Country Fried Steak (Pork) Bread Slice Steamed Corn Baby Carrots w/Ranch Applesauce Milk	Cherry Blossom Chicken (Chinese) w/ Brown Rice OR Chicken Quesadilla Pizza Celery Sticks w/ Ranch Fresh Broccoli Orange Wedges Milk	Shredded Turkey w/Gravy Over Mashed Potatoes and Whole Grain Roll OR Pizza Burger Tossed Salad with Romaine Mandarin Oranges Milk	Beef and Cheese Nachos w/Corn Tortilla Chips OR Hot Ham and Cheese Lettuce and Tomato Black Beans Grapes Milk	Cheesy Omelet and Pancakes OR Pork Patty on a Bun Potato Rounds Fresh Broccoli and Cucumbers w/Ranch Orange Juice Milk
19	20	21	22	23
Personal Cheese Pizza OR Loaded Mashed Potato Bowl w/ Roll Tossed Romaine Salad Green Beans Fruit Cocktail Milk	Cheeseburger OR Breaded Mozzarella Sticks w/Marinara Sauce Sweet Potato Fries Fresh Cauliflower Clementine Milk	Chicken Strips w/Dinner Roll OR Fiesta Personal Pizza Baked Beans Spinach Salad Peaches Milk	Biscuit and Sausage Gravy OR Cheesy Chicken Enchiladas w/Spanish Rice Baby Carrots Red and Green Pepper Strips Apple Milk	Shrimp Poppers with String Cheese OR Salisbury Steak w/Gravy and Dinner Roll Mashed Potatoes Fresh Broccoli Pineapple and Bananas Milk
26	27	28	29	30
NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK	NO SCHOOL SPRING BREAK

MENUS ARE SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal. **FRUIT AND VEGETABLE BAR AVAILABLE WITH MEALS

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WEEKLY ALTERNATING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza	Pepperoni Pizza	Cheese Pizza	Pepperoni Pizza	Cheese Pizza
TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)	TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)	TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, and Baby Carrots)	TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)	TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)
Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich	Ham and Cheese Deli Sandwich
Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich	Turkey and Cheese Deli Sandwich

**WEEKLY MENU ITEMS CAN BE MADE INTO A REIMBURSABLE. THE FRUIT AND VEGETABLE ITEM ON THE MONTHLY MENU WILL BE OFFERED.
Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal.**