NOVEMBER 2017 MIDDLE SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
COME JOIN US!! WE SERVE BREAKFAST FROM 7:30 AM TO 7:55 AM	**WE ARE HIRING PART-TIME COOKS AND SUB COOKS. PLEASE VISIT WWW.GRINNELL-K12.ORG FOR MORE INFORMATION OR STOP BY THE DISTRICT OFFICE**	**1** Spaghetti w/Meat Balls OR Tiger Cheese Bread w/ Italian Dipping Sauce Green Beans Tossed Salad with Romaine Orange Wedges Milk	**2** Mini Corn Dogs OR Stuffed Crust Pepperoni Pizza Steamed Peas Baby Carrots Apple Slices w/Cinnamon Milk	**3** Two Mozzarella Stuffed Bread Sticks w/ Marinara Sauce Spicy Chicken on Bun OR Tiger Tots Fresh Broccoli Kiwi Milk
6 **NO SCHOOL** **PROFESSIONAL DEVELOPMENT DAY**	**7** Crispitoes w/Seasoned Brown Rice OR Steamed Broccoli Cucumber Slices Applesauce Milk	**8** Walking Taco OR Chicken Fajita on a Soft Shell Lettuce, Tomato, and Cheese Black Beans Orange Wedges Milk	**9** French Toast Sticks Cheesy Omelet OR Lasagna Roll-Up w/ Bread Stick Tri Tator Grape Tomatoes w/Ranch Chilled Peaches Milk	**10** **NEW**! Baked Potato Bar w/ Dinner Roll OR Meatball Sub Sweet Potato Waffle Fries Celery Sticks Fresh Strawberries Milk
13 Hot Dog on WG Bun OR **NEW**! Pepperoni French Bread Pizza w/ Marinara Sauce Steamed Carrots French Fries Apple Milk	**14** Crispy Chicken Fries w/ Bread Slice OR Sub Sandwich Bar Green Beans Tossed Romaine Salad Pineapple Milk	**15** Macaroni and Cheese OR Mr. Rib Sandwich Steamed Broccoli Baby Carrots w/Ranch Strawberry Kiwi Slushie Milk	**16** Breaded Chicken Patty on a Bun OR Fajita Chicken Pasta w/ Bread Stick Baked Beans Red and Green Pepper Strips Mandarin Orange Marshmallow Cup Milk	**17** Pizza Crunchers (Pizza Sticks) OR Breaded Fish Sandwich Tossed Romaine Salad Fresh Cauliflower Fresh Melon Milk
20 Chicken Nuggets OR Country Fried Steak (Pork) Bread Slice Steamed Corn Baby Carrots w/Ranch Applesauce Milk	**21** **THANKSGIVING MEAL** Shredded Turkey w/Gravy Over Mashed Potatoes and Whole Grain Roll OR Pizza Burger Tossed Salad with Romaine Strawberries and Bananas Pumpkin Bars Milk	**22** **NO SCHOOL**	**23** **NO SCHOOL** **HAPPY THANKSGIVING!**	**25** **NO SCHOOL**
27 Personal Cheese Pizza OR Loaded Mashed Potato Bowl w/ Roll Tossed Romaine Salad Green Beans Pineapple Milk	**28** Cheeseburger OR Breaded Mozzarella Sticks w/Marinara Sauce Sweet Potato Fries Fresh Cauliflower Clementine Milk	**29** Chicken Strips w/Dinner Roll OR Fiesta Personal Pizza Baked Beans Spinach Salad Peaches Milk	**30** Biscuit and Sausage Gravy OR Cheesy Chicken Enchiladas w/Spanish Rice Baby Carrots Red and Green Pepper Strips Apple Milk	**1** Shrimp Poppers with String Cheese OR Salisbury Steak w/Gravy and Dinner Roll Mashed Potatoes Fresh Broccoli Pineapple and Bananas Milk

USDA is an equal opportunity provider and employer. MENUS ARE SUBJECT TO CHANGE. Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal. **FRUIT AND VEGETABLE BAR AVAILABLE WITH MEALS

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WEEKLY ALTERNATING MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Cheese Pizza **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)** Ham and Cheese Deli Sandwich Turkey and Cheese Deli Sandwich	Pepperoni Pizza **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)** Ham and Cheese Deli Sandwich Turkey and Cheese Deli Sandwich	Cheese Pizza **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, and Baby Carrots)** Ham and Cheese Deli Sandwich Turkey and Cheese Deli Sandwich	Pepperoni Pizza **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)** Ham and Cheese Deli Sandwich Turkey and Cheese Deli Sandwich	Cheese Pizza **TIGER POWER PACK (Muffin, String Cheese, Yogurt, Fresh Fruit, Baby Carrots)** Ham and Cheese Deli Sandwich Turkey and Cheese Deli Sandwich

WEEKLY MENU ITEMS CAN BE MADE INTO A REIMBURSABLE. THE FRUIT AND VEGETABLE ITEM ON THE MONTHLY MENU WILL BE OFFERED.
Must take (3) of (5) components and (1) must be a fruit or vegetable to count as a USDA school food program meal.