SEPTEMBER 2019 MIDDLE AND HIGH SCHOOL BREAKFAST MENU

Monday Sausage, Egg and Cheese Bagel	**Tuesday** Breakfast Pizza	**Wednesday** Sausage, Egg, and Cheese Biscuit	**Thursday** Breakfast Pizza	**Friday** Bacon and Egg Bagel
2 **NO SCHOOL** **LABOR DAY**	**3** Bacon, Egg, and Cheese Biscuit Peaches or Orange Juice Milk	**4** Maple Mini Waffles Pineapple or Apple Juice Milk	**5** Biscuit and Sausage Gravy Pears or Orange Juice Milk	**6** Mini Donuts Orange Wedges or Grape Juice Milk
9 French Toast Sticks Mandarin Oranges or Apple Juice Milk	**10** Cheesy Omelet Toast Apple Slices or Orange Juice Milk	**11** Mini Cinnis (Cinnamon Rolls) Pears or Apple Juice Milk	**12** Pancakes Peaches or Orange Juice Milk	**13** Breakfast Pizza Fruit Cocktail or Grape Juice Milk
16 Chocolate Muffin Yogurt Banana or Apple Juice Milk	**17** Pancake on a Stick Peaches or Apple Juice Milk	**18** Breakfast Pizza Pears or Orange Juice Milk	**19** Cinnamon Breakfast Cookie Apple Slices or Grape Juice Milk	**20** Long John Donut String Cheese Mandarin Oranges or Grape Juice Milk
23 Cherry Frudel Strawberries or Apple Juice Milk	**24** Bacon, Egg, and Cheese Biscuit Peaches or Orange Juice Milk	**25** Maple Mini Waffles Pineapple or Apple Juice Milk	**26** Biscuit and Sausage Gravy Pears or Orange Juice Milk	**27** Mini Donuts Orange Wedges or Grape Juice Milk
30 French Toast Sticks Mandarin Oranges or Apple Juice Milk	**1** Cheesy Omelet Toast Apple Slices or Orange Juice Milk	**2** Mini Cinnis (Cinnamon Rolls) Pears or Apple Juice Milk	**3** Pancakes Peaches or Orange Juice Milk	**4** Breakfast Pizza Fruit Cocktail or Grape Juice Milk

MENUS ARE SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. All students must take at least 3 items including a ½ cup fruit or juice for a reimbursable meal. Offered Daily: PICK 2 ITEMS FROM: Cereal, Yogurt, Muffins, and Pop Tarts, plus a Daily Fruit and/or Juice, and Milk. Daily Breakfast Option listed under day of the week. This also comes with the daily fruit or juice and milk