

Procedures for Life-Threatening Allergies Frequently Asked Questions

1) Am I still allowed to send my child to school with a peanut butter and jelly sandwich?

Yes. Peanuts, nuts, and nut butters are all permitted in lunches.

2) Am I allowed to send my child to school with a snack that contains peanuts or nuts?

Yes and No.

- If your child's classroom has not been identified as a peanut/nut free classroom, then the answer is **YES**. Any food is permitted in individual specific snacks.
- If your child's classroom has been identified as a peanut/nut-free classroom, then the answer is **NO**. No food products containing nuts within the ingredients will be permitted in the classroom. However, please refer to question #5 for more information on labeling.

3) What would make a room be identified as peanut/nut free?

A student in the classroom has been diagnosed by a doctor as having a life-threatening food allergy or multiple food allergies and having those foods in the classroom would cause a significant threat to the student's health and well being.

4) May I bring snacks/treats for the entire class that has a statement on the label that indicates, "made in a facility that carries peanuts/nuts," etc.?

Yes. There are 8 different statements that are put on labels that in some way indicate a food was processed with/in/or around peanuts or nuts. All foods are permitted in classrooms as long as they have intact ingredient labels **EXCEPT** those classrooms that have been identified as peanut/nut free. See Question 5.

5) May I bring snacks/treats for all the children in a classroom identified as peanut/nut free that has no peanuts or nuts *however* has a statement on the label that indicates "made in a facility that carries peanuts/nuts", etc.?

Yes. There are 8 different statements that are put on labels that in some way indicate a food was processed with/in/or around peanuts or nuts. As long as there are no peanuts/nuts within the ingredient list, these foods may be shared in the classroom. The child with food allergies will have a separate snack provided by their guardian.

6) How can the peanut/nut protein be removed from skin?

Only soap and water or hand wipes will remove the potentially life-threatening nut protein. Hand sanitizers do not remove the proteins; they only spread them around.

7) My child is in class with a student with life-threatening allergies. I would like to try to be as inclusive as possible, what can I do?

Children with life-threatening food allergies know they are different and learn from an early age that school will be challenging and can even be deadly. Education and awareness is the food allergic child's best friend. Your teacher can provide you with a 1-page document by Allergy Moms entitled "10 things Children with food allergies want you to know," and you can visit www.foodallergy.org for more information. You may also contact anyone on the food allergy committee for more information.

8) If I am unclear about the policy, whom should I contact?

Please contact the building administrator of the school in question.