

Sophomore Seminar Activity

1st Day of School: August 24, 2016

Schedule "Talking Points"

1. Make sure you have 4 classes each trimester
2. Grades 9-11 **cannot** count PE as a 4th class. (Seniors can)
3. Make sure the A and B sections of "two tri" classes are in different trimesters.
4. Lunch (Period 4) - Lunch schedules are posted by the water fountains.
5. Double check that you have the required core classes - Math, English, Social Studies, Science, PE.
6. Juniors will all have a junior meeting with their counselor to review credits and talk about future plans. They may stop by the Counseling Office or e-mail their Counselor after the first few days to set up their meeting.
7. Iowa Valley classes begin on Mon., Aug. 29th. Make sure you have filled out your registration papers for any Iowa Valley or any dual credit course in the Counseling Office.

Best and Worst of the Summer of 2016

Instructions:

- 1) Circle your kids up in a group so that everyone can see each other
- 2) Give your kids 1 minute to think of the best thing that happened to them this summer and the worst thing that happened to them this summer and one thing they learned from either.
- 3) Have your kids go around and share these things with the rest of the group.
- 4) When it comes to you, share your own experiences and what you learned.

Best of the School Year 2016-17

Instructions:

- 1) Leave your kids in the same circle as the previous activity.
- 2) Give your kids 1 minute to think about what they are most looking forward to this year as the school year starts.
- 3) Have your kids go around and share these things with the rest of the group.
- 4) When it comes to you, share what you are most looking forward to (what did you write on your orange "We have an opportunity to . . ." sheet?)