

Date: February 22, 2017	GHS Seminar
Grade Level: 10th	
Recommended Sequence	Seminar Meeting
Objective(s) / Learning Target(s):	1. Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others. 2. Evaluate their communication style and begin using effective communication skills.
Materials Needed:	Materials 1. Handout: <i>Attitudes Toward Interacting with People and Scoring Analysis</i> (below)
Suggested Process:	1. Ask students to share any pieces of good news they might have since the last time your Seminar met (could be school-related, extracurricular, personal, etc.) 1. Remind students that Trimester Finals are coming up and go over the schedule & details with them. <u>Thursday, March 2nd: Tri Finals for Periods 1, 3, & 5</u> * Period 1: 8:30-10:00 AM * Period 3: 10:15-11:45 AM <i>Lunch (open for all students) 11:45 – 12:30</i> - Lunch will also be served in the cafeteria for those who don't want to go off-campus for lunch * Period 5: 12:30-2:00 PM * 2:00–3:30: Make-Up testing for students who were late to a test or who require additional time to complete tests <u>Friday, March 3rd: Tri Finals for Periods 2, 4, & 6</u> * Period 2: 8:30-10:00 AM * Period 4: 10:15-11:45 AM <i>Lunch (open for all students) 11:45 – 12:30</i> - Lunch will also be served in the cafeteria for those who don't want to go off-campus for lunch * Period 6: 12:30-2:00 PM * 2:00–3:30: Make-Up testing for students who were late to a test or who require additional time to complete tests Other additions to the Tri Finals information: 1) All test are taken at the scheduled time, unless an emergency exists and your parents notify Mr. Seney to ask for an alternative time to take your tests. If parents don't contact him, you are taking your tests at their assigned time. 2) If you are late to a test, the only time to make it up is at 2:00 on Thursday or Friday. 3) There is no school on Monday, March 6 th for professional development 4) Trimester 3 starts on Tuesday, March 7th.

	<ol style="list-style-type: none"> 3. Remind students that last time, we talked about seeking to understand others as a cornerstone to being a good communicator. Ask students to give examples of other good communication skills. 4. Ask students what they believe is the difference between one-way and two-way communication. 5. Have students fill out the <i>Attitudes Toward Interacting with People</i> however, don't give them the Scoring Analysis until they are done (you don't have to make copies of this for each student, just project it on the board or screen when they are done so they can score their own). 6. After everyone has completed this, go to the discussion questions below.
<p>OTHER CONSIDERATIONS:</p>	<p>Discussion Questions:</p> <ol style="list-style-type: none"> 1. What kind of communicator are you according to this activity? 2. Do you think the results are accurate for you? Why or why not? 3. Do the results give you any insights as to how you might improve your communication skills? How?

Attitudes Toward Interaction With People

Read each statement and decide whether you believe the statement is true or false.

Statement	T	F
1) I often feel like telling people what I really think of them		
2) I would be uncomfortable in anything other than normal clothes		
3) I would enjoy being with people who are sophisticated & intellectual		
4) When in new situation, I usually do what I see others doing		
5) In social situations – around a lot of people – I often feel tense		
6) At times, I am easily swayed by the opinions of others, and perhaps too open-minded and receptive to other people’s ideas		
7) I usually have trouble expressing what I think when there is an argument		
8) I don’t like to be formal		
9) I feel I can handle myself pretty well in most social situations		
10) I like to meet new people		
11) I don’t mind playing a role or pretending to like something I really don’t like if it serves a good purpose		
12) I enjoy joking around with people and keeping the conversation “light”		
13) I usually find it difficult to change someone else’s opinion		
14) I like to do things that other people think as unconventional		
15) I enjoy being the host (or hostess) of a party		
16) I think a person should adapt his or her behavior to the group that he or she is with at the time		
17) I often find it difficult to get people to do me favors, even when I have the right to expect them to		
18) I would like to join several clubs		
19) I think it is important to learn to be compliant		
20) I like to avoid situations that do not permit me to do things my way		
21) Just the thought of speaking in front of others scares me		
22) I can fit in pretty easily with any group of people		
23) In general, I dislike nonconformists (people who do and act differently from what everyone else is doing)		
24) It is easy for me to persuade others to do something		
25) I like to go to parties and social gatherings		
26) I prefer to listen to other peoples’ opinions before I share my ideas		
27) When in a group of people, I have trouble initiating a conversation		
28) If I am with someone I do not like, I am usually diplomatic and do not express my real feelings		
29) I can recognize others’ abilities		
30) I like to follow instructions and do what is expected of me		

Now total the number of A’s and B’s, and C’s that you scored. If you have more A’s than anything else, you are predominately a Type A. A score of mostly B’s indicates strong Type B tendencies, and a majority of C’s indicates you are basically a Type C.

Scoring Analysis

Item	If your answer was	Letter	Item	If your answer was	Letter	Item	If your answer was	Letter
1	False	C	11	False	A	21	False	B
2	False	B	12	True	B	22	False	A
3	False	A	13	False	B	23	True	C
4	True	C	14	False	C	24	True	B
5	True	A	15	True	B	25	False	A
6	True	C	16	True	C	26	True	C
7	False	B	17	False	B	27	True	A
8	False	C	18	False	A	28	False	A
9	False	A	19	True	C	29	True	B
10	True	B	20	True	A	30	True	C

Type A Attitudes - Type A people are highly individualistic, strongly opinionated and have little patience with sham or pretense. People in this category are by nature frank and outspoken; they believe in saying what they think. They are uncomfortable in situations where they cannot be forthright and direct. They want to be themselves at all times and they expect others to do the same. Type A people are most successful in situations where they can select their associates. Type A people have many talents but lack interpersonal skills.

Type B Attitudes -Typically, Type B people are highly skilled in interpersonal relations. They get along well socially. They not only understand people but also enjoy them. Type B people function effectively in public.

Type C Attitudes-Type C people can get along with almost anybody. They do not like conflict.

