

<p>Date: October 26, 2016</p> <p>Grade Level: 11th</p>	<p>GHS Seminar</p>
<p>Recommended Sequence</p>	<p>Seminar Meeting</p>
<p>Objective(s) / Learning Target(s):</p>	<ol style="list-style-type: none"> 1. Students will understand how they might judge others and how others judge them. 2. Students will discuss ways in which they themselves can be less judgmental and accepting of others. 3. Students will understand how being judgmental can have be detrimental to their leadership qualities.
<p>Materials Needed:</p>	<ul style="list-style-type: none"> • Become An Anthropologist questionnaire (below) • Discussion questions (below)
<p>Suggested Process:</p>	<ol style="list-style-type: none"> 1. Have students share any good news they might have since the last time they met (can be school-related, personal, extra-curricular related, etc.). You can model this by sharing any good news of your own. <p style="text-align: center;">Before you start the activity for Seminar, we're going to take a quick survey: Take out your laptops and open up a new tab on your browser and go to: www.obqsurvey.org.</p> <p style="text-align: center;">Hand out a slip of paper with the entry codes and follow the directions in the packet. Once students are done, you can start the activity below!</p> <ol style="list-style-type: none"> 2. Ask students to define what being “judgmental” means. You can write their ideas on the board. 3. Ask students to give you some specific examples of how people might judge them (for what reasons they feel like they are judged) either positively or negatively. You can write their list on the board. 4. Tell them that “anthropology” is defined as “being interested, without judgment, in the way other people choose to live and behave.” It is a strategy geared toward developing your own compassion. It replaces judgments with understanding and can make you less frustrated by the actions of others. 5. Hand them a copy of “Become An Anthropologist” (below) and have them answer the True / False Questions honestly.
<p>Discussion Questions:</p>	<p>After everyone is done completing their questionnaire, go through one by one and asked who marked True for each answer. Then – amongst the whole group – ask those that answered True, “Why?” they answered that way.</p> <ul style="list-style-type: none"> ○ If you answered “True” to the statements based on appearance, why might this be dangerous or misleading? ○ If you answered “True” to the statements based on someone’s income or wealth, why might this be dangerous or misleading? ○ If you answered “True” to the statements based on someone’s personality, why might this be dangerous or misleading? ○ Do you think people judge others who have tattoos or nose rings negatively? Why? Isn’t that example and all of those from the questionnaire ways of expression? ○ Do you think you’ve ever been rejected because of ways that you’ve chosen to express yourself? Have you rejected others because of ways they’ve chosen to express themselves? How might you change this?

Become An Anthropologist

True or False: When I go to a party, I generally talk to people who look and act like me.

True or False: Most of my friends have the same economic background as I do.

True or False: I don't think I would have much in common with someone who has different religious beliefs than I do.

True or False: Younger kids (as in upper elementary or middle school kids) scare me.

True or False: I'm quick to pass judgment on people based on their clothes.

True or False: People with low-paying jobs are probably less intelligent.

True or False: People with physical disabilities make me nervous.

True or False: Quiet people are usually insecure.

True or False: People who drive sports cars are wild and reckless.

True or False: Nobody would really choose to live in an apartment if they could afford a house.

True or False: Mean people are unhappy with their own lives.

True or False: People who drive trucks and listen to country music are hicks.

True or False: When I meet people, one of the first things I ask is what kind of job they have.

True or False: If I consider someone less attractive than myself, I don't talk to them.

True or False: People who are always happy and upbeat annoy me.

True or False: If someone is constantly cracking jokes, it's obvious they don't take anything seriously.

True or False: People who get good grades in school only get grades because they kiss the teacher's butt.