



# MID-IOWA FC

COMPETITIVE TRAVEL SOCCER  
GRINNELL, IOWA

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## OUR MISSION:

- ◆ We are a non-profit organization dedicated to promoting and facilitating the growth of competitive soccer in the Poweshiek County community.
- ◆ Provide the opportunity for youth of our community to participate at the competitive level in a club style atmosphere.
- ◆ Foster an environment to educate youth in good sportsmanship, soccer skills and tactics, and team play.
- ◆ Develop a Strong Feeder System for our high school teams.
- ◆ Prepare players to play at a higher level.



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## Club Vision:

Mid-Iowa FC is committed to the development of dedicated soccer players, leaders and citizens. We pledge to encourage a dedication to personal training, a passion for individual skill, teamwork and love for the game.

## What to Expect:

8 to 9 games and the possibility of 1 tournament will be scheduled on weekends in both the spring and fall. Summer tournament(s) and games will be determined by the manager, coaches, and parents. Fees only cover the spring and fall seasons. Practice will start the 2nd week of August and the first week of March for fall and spring seasons. The fall season runs through the first week of November and the spring season runs through the first week of June. Teams will practice 2-3 times per week. Practice schedules will be set by team coaches and managers. Licensed coaches will be assigned to each team.

## Academy Program:

The Academy developmental program is open to U8-U10 year olds and is designed for those players who have a greater interest and commitment to advancing their skills. The program will emphasize the development of players technically (skills), tactically (decision-making), physically (fitness) and psychologically (mental toughness). The objective is to provide an environment in which the level of training and competition prepares them for the select program. Emphasis is placed on player development not team success. These players will compete in the U8 & U10 travel league, which is made up of communities in central Iowa, in addition to playing in tournaments.

## Competitive Program:

The Competitive program is for skilled, motivated and dedicated players who desire an increased level of competition. The select program provides a high level of coaching, competition, player and team development. This program is open to U11-U16 players. Select teams will compete against competitive teams in the Iowa Soccer League (Des Moines Metro Area, Waterloo, Iowa City, Ames, Cedar Rapids, Muscatine) and compete in tournaments.

# Playing to Develop vs Playing to Win

As a competitive club, an objective of every Mid Iowa F.C. team is to go into each match with the expectation and desire to win. Mid Iowa F.C. coaches are encouraged to coach toward that result, BUT not at the expense of the development of our players. There is nothing wrong with “striving to win”, but this shouldn’t be the primary goal of youth sports. Our coaches teach players to compete; to compete hard; to compete to win; to compete to be the best they can be; but we don’t have winning as the only measure of our success. Believe it or not, it is not in the best interest of the players’ development to have a schedule where the sole purpose for participation is “winning.” Individual and team improvement and peak performance should be the measures of achievement, rather than winning or losing.

We have a player-centered long-term approach toward the development and success of our players. We understand that to sacrifice developmental opportunities for players, for the sole purpose of trying to win a specific match, is short-sighted and counter-productive to our approach toward player development. We believe that the development of a sound technical, tactical, physical and psychological skill base, encouraged through a long-term developmental plan, is the key to helping players develop the necessary tools to maximize their potential and to ultimately become successful both on and off the field!

\*\*\*Players are expected to participate in all practices, scheduled games and tournaments. League schedules and tournament dates will be provided as soon as they are made available. Players who do not attend practices and games adversely impact their development as well as the teams’. Roster sizes are kept to a minimum in order for players to maximize their playing time. Unforeseen circumstances will arise, please communicate with club managers and coaches. Habitual offenders are subject to club fines and may be asked not to return the following season.



Fee Breakdown [U8-10]	
Single Season: [fall or spring season]	\$120-145
Full Year:	\$240-290

Fee Breakdown [U11+]	
Single Season: [fall or spring season]	\$180.00
Full Year:	\$360.00

Club Website

[www.midiowafc.com](http://www.midiowafc.com)

Registration Link

<http://midiowafc.iowasoccerlive.org/home.php>