

GRINNELL

unplugged NIGHT

Who: All students and staff in the Grinnell-Newburg school district

What: An evening with no practices, no meetings, no homework and no tests or projects due the following day

When: November 1, 2017

Why: To encourage students/staff to “unplug” from electronics and activities in order to spend quality time with their families



By November 3, post a picture (use #grinnellunplugged) on facebook showing how you spent unplugged night and your family will be entered into a drawing for a prize!

Some ideas for things to do as a family:

- *Eat dinner together
- *Take a walk
- *Go for a bike ride
- *Play board games
- *Bake a treat
- *Look through old photos
- *Do a random act of kindness
- *Go for a drive
- *Collect autumn leaves
- *Read a book aloud
- *Tell family memories
- *Do a project (raking the yard, cleaning garage)
- *Play Hide and Seek
- *Build a fort
- *Go on a scavenger hunt