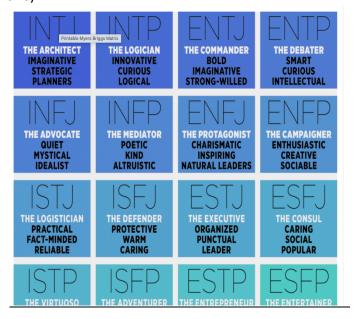
Date: September 8, 2021	GHS Seminar			
Grade Level: 11 th				
Recommended	Seminar Meeting			
Sequence				
Objective(s) / Learning	1 Students will take a "personality test" and reflect on the results of their			
Target(s):	test.			
	2. Students will discuss			
Materials Needed:	Materials 1. Overhead prejector/corean (correspondent)			
	Overhead projector/screen (seminar leader) Lanton computers (students)			
Suggested Process:	Laptop computers (students) Share any good news that you or students have			
Suggested Flocess.	2. Take the Myers-Briggs Personality Test			
	2. Take the Myers Briggs refsoliality rest			
Discussion Questions:	Discussion:			
	Before you start the activity, ask your students to share any pieces of			
	good news they have (something good that's happened to them since your			
	last meeting – from school, personal lives, extra-curriculars, etc.). Not			
	everyone has to share, but give kids a chance to do this. You can model			
	this by sharing a piece of good news that you have.			
	2. Open up a new tab in your browser and go to			
	https://practicalpie.com/myers-briggs-type-indicator/			
	(you could also copy and paste the link and send this to your students).			
	You should come to a page that looks like this:			
	PRACTICAL PSYCHOLOGY			
	Myers-Briggs Test (5 Mins) [Free Quiz]			
	The Myers Briggs Type Indicator (MBTI) Test has been used for a long time to help students, patients, and researchers help understand a person better. This short myers briggs test can be used to help find a suitable career, a significant other, and even hobbies.			
	Are you an ENTJ? An INFP? Even if you have never used any Myers-Briggs tools to discover our personality type, you probably have seen these acronyms before. This is the most opular personality test in the country - over two millions adults use online tools to			
	 Scroll down to start the test: You are going to take a personality test (and I'll give you fair warning, it's going to ask you about where you'd place yourself on a scale by agreeing or disagreeing to a certain extent - pay attention and answer the questions thoughtfully). Once you have answered the questions, Click "GET TEST RESULTS" 			
	4. Once you have answered the questions, click GET TEST RESULTS			

Discussion

- Take some time to look at your overall test results
- What does this say about . . .
 - Extraversion: Are you more introverted or extroverted?
 - Agreeableness: Are you agreeable or not?
 - Conscientiousness: Are you organized?
 - Neuroticism How are you at managing stress?
 - Openness: Are you open to new ideas?
- Under the chart there is an MBTI Type: What is yours?
- Scroll down to look at the MBTI Types and find yours (they look like this):



Do the "3 words" listed describe you?

- Scroll down and read and reflect on the following questions:
 - Question #1: Where do you get your energy?
 - Question #2: How do you take in information?
 - Question #3: How do you make decisions?
 - Question #4: How do you organize your world?

(Ask these questions to the whole group, invite students to share, but don't force people – most will want to talk about it, some may not and that's OK)

- Does anything surprise you about it?
- Did you feel like it was accurate? Why or why not?
- What about it was accurate? What about it was not?
- Were there any findings that you want to stay the same about yourself? Were there any findings that you want to change?
- What do others need to know about you according to this?
- How does knowing these things about yourself help you as a student or on the job or working in group settings, etc.?