

Date: Oct. 13th, 2021 Grade Level: 9th	GHS Seminar
Recommended Sequence	Seminar Meeting
Objective(s) / Learning Target(s):	Activities will help students: <ul style="list-style-type: none"> • understand that food insecurity impacts people locally • as HS students, they can make a difference by donating food locally
Materials Needed:	LCD Projector
Suggested Process:	<ol style="list-style-type: none"> 1. Before you start the activity, ask your students to share any pieces of good news they have (something good that's happened to them since your last meeting – from school, personal lives, extracurriculars, etc.). Not everyone has to share, but give kids a chance to do this. You can model this by sharing a piece of good news that you have. 2. Ask students if they know what MICA is or stands for? It is the Mid Iowa Community Action organization that serves needy families. One of the most visible services MICA provides is the local food pantry. Every fall, MICA struggles to keep its food pantry shelves stocked to meet the needs of local families. Two years ago, GHS students, staff, and families donated more than 1,000 pounds of food and almost \$2,000 to MICA for the Trick Or Treat So Kids Can Eat drive. In the fall of 2019, we collected almost 2,000 pounds of food and more than \$2,500 & we're going to try to beat that this year. 3. How important is MICA to some families? * When families don't have enough food – “food insecure” – they have to make choices like these: <ul style="list-style-type: none"> - 69% of food insecure families must choose between buying food or paying for their utilities (gas, electricity, water, etc.) - 67% of food insecure families must choose between buying food or putting gas in their vehicles - 66% of food insecure families must choose between buying food or getting medical care - 58% of food insecure families must choose between buying food or paying for housing 4. Here's an example of a “food insecure” family here in Iowa . . . https://www.youtube.com/watch?v=uV2XCQZWf_g&t=31s After watching the video, use these discussion prompts with your group: <ul style="list-style-type: none"> • How is the food bank important to this family? • Do you think there are things the family could have done to avoid hunger that they didn't do already? • Do you think that the children will find themselves in a similar situation as adults? How will hunger impact them? What might they do differently?

	<ul style="list-style-type: none"> Some people say that “people in poverty have no one to blame but themselves.” Do you agree with this statement or disagree – why? <p>SO, what can we do? Bring non-perishable food items or cash during our October Seminar meetings!</p>
<p>OTHER CONSIDERATIONS:</p>	<p style="text-align: center;">Trick or Treat So Kids Can Eat</p> <p style="text-align: center;">GHS Annual Food drive sponsored by Thespian Troupe #4274 All donations to Mid-Iowa Community Action (MICA)</p> <p style="text-align: center;">Food Drive Collection in Seminar on Wednesday, October 13th, 20th, & 27th</p> <p><i>Prior to Seminar:</i> Inform your seminar of the collection (send email reminders, or designate a student to do this. <i>Curtain Club & Thespian Troupe #4274 members have been told to assist you</i>) No donations of water or large bags of flour, rice, etc. accepted. Each Wednesday will feature a “<i>Secret Item of the Day</i>” and all seminars that bring that item will receive a treat bag the following Wednesday during seminar.</p> <p style="text-align: center;">The seminar that brings the highest total of food + cash will receive a breakfast pizza party during November seminar time.</p> <p style="text-align: center;">One seminar winner for each grade level: Freshmen, Sophomore, Junior & Senior</p> <p><i>During Seminar:</i> Ask for nonperishable food donations (fill the paper bag) Ask for cash or change donations (put in the envelope)</p> <p>Count your cash donations & note amount on the front of the envelope</p> <p>Ask seminar members to drop off donations to Mr. Hunter’s room. (<i>Ask for any Thespian or Curtain Club member to volunteer</i>)</p> <p>Seminar members should return after taking the donations</p> <p>Your bag & envelope should be returned by the end of the seminar period</p> <p><i>Prepare for Next Seminar Donation:</i></p> <p>Reminders to seminar students about the drive & your seminar ranking.</p> <p style="text-align: center;">Please make all checks payable to Grinnell High School. Food donations will delivered to MICA the week of the 28th. A check will be written to MICA for the total amount of the donations after our final collection.</p>