

Date: October 22/23, 2020 Grade Level: 9th	GHS Seminar
Recommended Sequence	Seminar Meeting
Objective(s) / Learning Target(s):	<ol style="list-style-type: none"> 1. Students are going to identify the various roles they play and the boundaries and expectations that are associated with them. 2. Students will understand that expectations and boundaries sometimes come into conflict with each other and we have to make choices in terms of how we best fulfill those roles.
Materials Needed:	Materials <ol style="list-style-type: none"> 1. Whiteboard or something to write on that everyone can see.
Suggested Process:	<ol style="list-style-type: none"> 1. Start off by asking students if they understand what a “role” is and if they can give you some examples of some different roles they play. Examples might be: Family member, student, member of the soccer team, community resident, neighbor, friend, employee, member of a church or youth group (4-H, etc.). 2. Have students make a list of all of the kinds of roles they fulfill (but have them leave space in between them). 3. After students have done this, have them choose three of those roles that they feel they have the hardest time fulfilling and have them share why. 4. Next, introduce students to the terms “Expectations” and “Obstacles.” Ask them what they think each of these mean and how they relate to the roles they play. <u>Expectations:</u> What others expect from you in that particular role (example: as a “student” you are expected to come to class, to do your best, turn in all work, be attentive in class, and take your learning seriously). <u>Obstacles:</u> What makes it difficult to fulfill that particular role (example: as a “student” you are expected to do your best, but if you have 5 tough classes, it’s hard for you to make time for other things; so an obstacle you might address is that you need to limit playing video games to an hour each week so you can keep up on your school work). 5. For the three roles they identified, have them list the various expectations and obstacles associated with each role. Have each person share out one of their examples (can’t be the role of “student”).
OTHER CONSIDERATIONS:	Discussion Questions: <ul style="list-style-type: none"> * What did you discover about the expectations & obstacles associated with the roles you play? * Did you identify any mixed messages that you receive from others about roles and expectations? * Who do you think needs to understand this about you? * How can you communicate this to them?